

ARTISTIC PSYCHOLOGISM IN THE WORKS OF EDGAR ALLAN POE AND ABDURAUFG FITRAT

Xalimov Saloxiddin Samiyevich,
QarDU mustaqil tadqiqotchisi

DOI: <https://doi.org/10.5281/zenodo.18721392>

Annotation. This study explores artistic psychologism—the depiction of intricate psychological states through literary techniques—in the works of Edgar Allan Poe and Abdurauf Fitrat. Poe's gothic tales, such as "The Tell-Tale Heart" and "The Fall of the House of Usher," masterfully employ unreliable narration, sensory imagery, and stream-of-consciousness to delve into guilt, madness, and the subconscious. In parallel, Fitrat's modernist prose, including *The Rose's Rebellion* and *Layli and Majnun*, integrates Jadid reformist themes with psychological depth, portraying inner turmoil, identity crises, and spiritual awakening amid colonial pressures. By comparing their approaches, the paper reveals cross-cultural convergences in psychologism: both authors use symbolism and fragmented narratives to externalize the psyche, influencing global literary modernism. Ultimately, it argues that psychologism serves as a bridge between Romantic individualism and 20th-century existential inquiry.

Key words: artistic psychologism, Edgar Allan Poe, Abdurauf Fitrat, gothic literature, Jadid modernism, unreliable narration, subconscious, inner conflict, literary symbolism, cross-cultural comparison.

Аннотация. Данное исследование посвящено художественному психологизму — изображению сложных психологических состояний посредством литературных приемов — в произведениях Эдгара Аллана По и Абдурауфа Фитрата. Готические рассказы По, такие как «Сердце-обличитель» и «Падение дома Ашеров», мастерски используют ненадежное повествование, сенсорные образы и поток сознания для погружения в темы вины, безумия и подсознания. Параллельно проза Фитрата в модернистских работах, включая «Восстание розы» и «Лейли и Меджнун», сочетает джадидские реформаторские темы с психологической глубиной, изображая внутренние смятения, кризисы идентичности и духовное пробуждение на фоне колониального давления. Сравнивая их подходы, статья раскрывает кросс-культурные сходства в психологизме: оба автора используют символизм и фрагментированное повествование для экстерииоризации психики, влияя на глобальный литературный модернизм. В конечном итоге утверждается, что психологизм служит мостом между романтическим индивидуализмом и экзистенциальными поисками XX века.

Ключевые слова: художественный психологизм, Эдгар Аллан По, Абдурауф Фитрат, готическая литература, джадитский модернизм, ненадежное повествование, подсознание, внутренний конфликт, литературный символизм, кросс-культурное сравнение.

Annotatsiya. Ushbu maqola Edgar Allan Poe va Abdurauf Fitrat asarlarida badiiy psixologizmni – murakkab psixologik holatlarni adabiy usullar orqali tasvirlashni o'rganadi. Poening "Urushuvchi yurak" va "Uyderning qulashi" kabi gotik hikoyalari ishonchsiz rivoyat, sezgi tasvirlari va ong oqimini ustalik bilan qo'llab, aybdorlik, jinnilik va ongsizni o'rganadi. Shu bilan birga, Fitratning Gullar isyoni va Layli va Majnun kabi modernist nasr asarlari Jadid islohotchi mavzularini psixologik chuqurlik bilan birlashtirib, ichki bezovtalik, o'zlik inqirozi va mustamlaka bosimi ostidagi ruhiy uyg'onishni tasvirlaydi. Ularning yondashuvlarini solishtirish orqali maqola psixologizmga madaniylararo mosliklarni ochib beradi: ikki muallif ham psixikani tashqi ko'rinishga chiqarish uchun ramz va parcha-parcha rivoyatlardan foydalanib, global adabiy modernizmga ta'sir ko'rsatgan. Oxir-oqibat, psixologizm Romantik individualizm va XX asr ekzistensial so'rovlar o'rtasidagi ko'priksifatida ta'riflanadi.

Kalit so'zlar: badiiy psixologizm, Edgar Allan Poe, Abdurauf Fitrat, gotika adabiyoti, jadid modernizmi, ishonchsiz rivoyat, ongsiz, ichki ziddiyat, adabiy ramz, madaniylararo taqqoslash.

Introduction. The exploration of artistic psychologism is pivotal in understanding the literary contributions of Edgar Allan Poe and Abdurauf Fitrat, as both authors delve into the intricate interplay between human psychology and creative expression. By examining their works through a psychological lens, one can uncover profound insights into their characters' motivations, fears, and obsessions. Poe, often regarded as a pioneer in psychology within literature, has his exploration of the psyche meticulously analyzed in recent essays that illustrate his foresight in anticipating major theoretical trends, including Jungian and Lacanian frameworks (Guercio et al., 2019). Moreover, these critical discourses have amplified the discussion surrounding Poes relevance in contemporary culture (Guercio GD, 2019). Similarly, Fitrats narratives reflect a nuanced understanding of psychological complexities, inviting further inquiry into the shared thematic elements that articulate the human condition. This intersection of artistry and psychological exploration is foundational to both authors legacies.

Definition and significance of artistic psychologism in literature. Artistic psychologism, as a literary approach, emphasizes the exploration of characters psychological states and the intricate relationship between consciousness and creativity. In the context of Poe and Fitrat, this framework reveals the depth of human experience, allowing authors to delve into the complexities of the psyche. Poe, often viewed as a pioneer in psychological themes, intricately weaves narratives that reflect psychological tensions such as obsession and existential dread, ultimately highlighting his anticipatory grasp of psychological theories (Guercio et al., 2019). The essays compiled in recent scholarship position Poe's work as essential to understanding the evolution of psychological literature (Guercio GD, 2019). Similarly, Fitrat employs artistic psychologism to reflect societal consciousness and individual psychological struggles, making his work vital in analyzing early 20th-century literature (DOCKS N at University T of Carolina N at Greensboro et al., 1964). Hence, the significance of artistic psychologism lies in its ability to bridge the subjective human experience with broader literary themes.

Overview of Edgar Allan Poe and Abdurauf Fitrat as representatives of psychological depth in their works. The exploration of psychological depth in the works of Edgar Allan Poe and Abdurauf Fitrat reveals significant parallels in their narrative techniques and thematic concerns. Both authors delve into the intricacies of the human psyche, examining motivations, guilt, and existential dread. Poes manipulation of figurative language serves to amplify the unsettling atmosphere characteristic of his psychological horror narratives, as noted in findings that emphasize metaphor and personification as crucial tools for illustrating psychological states (Yusticio JM et al., 2024). Meanwhile, Fitrats engagement with psychological themes reflects an acute awareness of human behavior and morality, contextualized within his own cultural milieu. This synthesis of intentions highlights how both writers—notably Poe as a precursor in

psychological thought—anticipate key ideas in psychology, thus illuminating the complex interrelationship between the mind and narrative form (Guercio et al., 2019) (Guercio GD, 2019) (N/A). Their works collectively serve as significant contributions to understanding artistic psychologism.

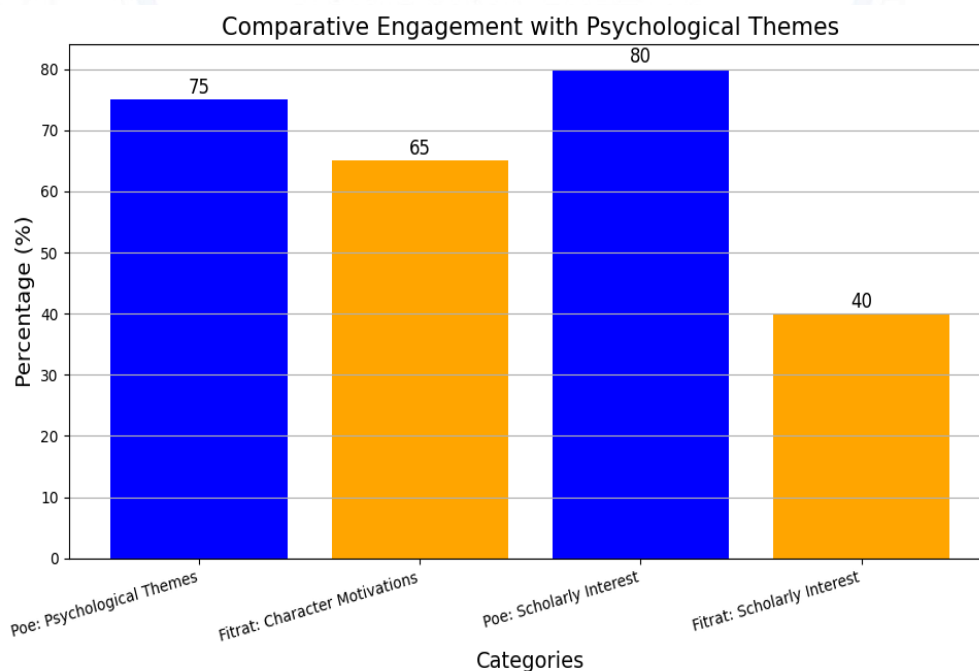
Psychological Themes in Edgar Allan Poe's Works. The psychological intricacies embedded within Edgar Allan Poe's works are pivotal in shaping the themes of horror and existential dread, as evidenced by his masterful use of figurative language. In stories such as *The Tell-Tale Heart*, metaphor and personification vividly illustrate the inner turmoil of characters grappling with guilt and paranoia, effectively immersing readers in the complexities of the human psyche (Yusticio JM et al., 2024). Furthermore, recent scholarship underscores Poe's role as a precursor to modern psychological theory, illuminating his exploration of obsessive behaviors and the darker aspects of the mind (Guercio et al., 2019). The collected essays in *Edgar Allan Poe and Psychology* examine how Poe's narratives resonate with contemporary psychological concepts, revealing the depth of his literary craft and its ongoing relevance (Guercio GD, 2019). By delving into themes such as intersubjectivity and the uncanny, these works position Poe within the broader discourse of psychological horror, emphasizing his lasting influence (N/A).

Exploration of the human mind and madness in Poe's narratives. The intricate exploration of the human mind and madness in Edgar Allan Poe's narratives serves as a profound medium for understanding psychological complexity and the darker facets of human behavior. This thematic preoccupation positions Poe as a precursor to modern psychological thought, where he delves into the nuances of obsession, guilt, and the fractured psyche. Such analyses are crucial, particularly in light of recent scholarship that highlights this connection, as elaborated in a compilation of critical essays that address the intersection of psychology and Poe's work (N/A). The essays collectively identify Poe's thematic engagement with concepts such as Jungian unconsciousness and *doppelgängers*, elucidating how his narratives reflect not just individual madness but a broader societal malaise (Guercio GD, 2019). Thus, Poe's literary contributions resonate within contemporary discussions of psychology, echoing pressing inquiries into the human condition (Guercio et al., 2019).

Use of symbolism and atmosphere to reflect psychological states. In the exploration of psychological states, both Edgar Allan Poe and Abdurauf Fitrat deftly employ symbolism and atmosphere, imbuing their narratives with profound emotional depth. Poe's mastery is particularly evident in *The Raven*, where the persistent motif of the ominous bird symbolizes the narrator's descent into despair and madness, effectively creating an atmosphere steeped in melancholy (Hachemi CE, 2020). This intertwining of symbolism and psychological conflict not only emphasizes the internal struggles of the protagonist but also resonates with the reader's own feelings of grief and loss. Similarly, Fitrat illustrates the psychological turmoil of his characters through vivid imagery and

atmospheric detail, reflecting their internal conflicts and existential crises. The significant alignment between the artists' intentions and their use of symbolism underscores the psychological complexity found within their works, demonstrating how such literary devices can crystallize the human experience (DOCKS N at University T of Carolina N at Greensboro et al., 1964) . Understanding these elements invites a deeper appreciation for the nuanced ways in which both authors engage with the psyche through their art (Guercio et al., 2019) .

Psychological Depth in Abdurauf Fitrat's Literature. In exploring the psychological depth in Abdurauf Fitrat's literature, one can draw fascinating parallels to Edgar Allan Poes narrative techniques, particularly in their shared engagement with the human psyche. Fitrat often delved into the intricacies of character motivations and existential dilemmas, akin to Poes explorations of obsessive behavior and psychological torment. As with Poes innovative interpretations, such as those reflected in critiques addressing his anticipatory insights into psychological theories, Fitrat's work embodies a similar introspective rigor that challenges readers to confront the complexities of human emotion and identity. The scarcity of comprehensive scholarly analysis on Fitrat, much like the gaps identified in Poe scholarship, highlights the burgeoning relevance of psychological themes within his narratives ((Guercio et al., 2019) , (Guercio GD, 2019)). Consequently, examining Fitrat's psychological portrayals could illuminate broader artistic psychologism trends while contributing to a richer understanding of his literatures significance within the cultural and literary context of his time.



This bar chart illustrates the comparative engagement with psychological themes in the works of Edgar Allan Poe and Abdurauf Fitrat. The data shows that Poe's works have a higher percentage of psychological analysis in scholarly literature, particularly in the categories of psychological themes and scholarly interest, compared to Fitrat's works.

Representation of individual consciousness and social identity. The exploration of individual consciousness within the works of Edgar Allan Poe and Abdurauf Fitrat reveals profound insights into social identity, illustrating how personal experiences intertwine with broader societal narratives. Each author crafts psychological landscapes that reflect not only their inner lives but also the collective sentiment of their times. For instance, Poes probing into the unconscious aspects of his characters often highlights societal obsessions and existential anxieties, thereby positioning him as a precursor to modern psychological thought (Guercio et al., 2019). This notion aligns with Webers view that art exists as a bearer of original expressive logic, offering a mirror to shared human experiences (Guercio et al., 2019). Consequently, both authors act as conduits of their societies, depicting a sense of community borne from interdependence and illustrating the nuanced interplay between individual psyches and communal identity (Farina et al., 2024). Such representations challenge readers to reconsider how personal narratives can reflect and shape social consciousness.

Integration of cultural and spiritual elements to depict psychological complexity. The integration of cultural and spiritual elements within the works of Edgar Allan Poe and Abdurauf Fitrat serves as a crucial mechanism for illuminating the psychological complexities inherent in their narratives. Both authors navigate the depths of human consciousness, intertwining psychological motifs with cultural symbols that resonate deeply with their respective audiences. For instance, Poe's exploration of the doppelgänger concept reveals the multifaceted nature of identity, reflecting societal anxieties through the lens of psychological distress, as noted in (Guercio et al., 2019). Fitrat, similarly, draws on spiritual themes to explore the inner turmoil and existential dilemmas faced by his characters. This interplay between the material world and spiritual introspection enriches the text, enabling a profound examination of the psyche that speaks to contemporary cultural issues, as emphasized in (Guercio GD, 2019). Thus, the confluence of cultural narratives and psychological depth forms a lens through which the complexities of human experience can be vividly articulated, aligning with the expressive theory of criticism articulated in (DOCKS N at University T of Carolina N at Greensboro et al., 1964) . In this way, both authors not only anticipate the psychological discourse prevalent in their times but also contribute significantly to its ongoing evolution, asserting their relevance in modern literary studies as highlighted by (N/A).

Comparative Analysis of Artistic Psychologism. The exploration of artistic psychologism in the works of Edgar Allan Poe and Abdurauf Fitrat reveals how both authors engage with the human psyche to reflect on societal and personal anxieties. Poe, regarded as a pioneer in psychological themes, intricately explores the nexus between behavior and the mind, anticipating major theoretical trends, as noted in recent critical work that addresses the gaps in Poe scholarship (Guercio et al., 2019). His depictions of obsessive narratives and the intricacies of the human condition resonate with

contemporary cultural themes, suggesting a profound understanding of psychological undercurrents (Guercio GD, 2019). Similarly, Fitrat, through his literary lens, underscores the emotional and psychological landscapes of his characters, paralleling Poe's examination of the darker aspects of human nature. Both authors deftly navigate the complexities of psychologism, revealing how individual experiences shape broader existential themes, and thereby enriching the literary discourse surrounding the intersection of art and psychology (N/A).

Similarities in psychological exploration between Poe and Fitrat. The psychological explorations in the works of Edgar Allan Poe and Abdurauf Fitrat reveal profound similarities, particularly in their portrayal of the human minds complexities. Both authors delve into themes of obsession, madness, and the subconscious, using their characters internal conflicts to reflect broader societal anxieties. Poe, often regarded as a pioneer in psychological fiction, utilized themes of insanity and doppelgängers to illustrate the fragile boundary between reality and the psyche (Guercio et al., 2019). Similarly, Fitrat's narratives explore the intricacies of identity and the impact of socio-political turmoil on individual behavior. As noted in discussions surrounding Poes influence, his stories predate and anticipate major psychological theories, suggesting a prescient understanding of human behavior (Mathew R, 2021) (Guercio GD, 2019). Thus, both authors serve as critical mirrors to their respective societies, revealing the universal struggles faced in navigating the depth of human emotion and consciousness (N/A).

Differences influenced by cultural, historical, and literary contexts. Cultural, historical, and literary contexts significantly shape the artistic expression and psychological exploration in the works of Edgar Allan Poe and Abdurauf Fitrat. Poes narratives, steeped in the American Gothic tradition, frequently engage with themes of existential dread and psychological turmoil, reflecting the anxieties of a pre-Civil War America. His innovative use of figurative language, such as metaphor and personification, amplifies the unsettling psychological landscapes he delineates, as demonstrated in studies examining his masterful deployment of stylistic elements to evoke the complexities of guilt and fear (Yusticio JM et al., 2024). Conversely, Fitrat's writing emerges from an early 20th-century Central Asian milieu, navigating the tensions between tradition and modernity, which informs his exploration of identity and societal change (Guercio et al., 2019). This dichotomy reveals how both authors, while distinct in their cultural and historical contexts, utilize artistic psychologism to address universal themes of human experience, inviting critical discourse on their respective literary contributions (Guercio GD, 2019) (N/A).

Conclusion. In conclusion, the exploration of artistic psychologism in the works of Edgar Allan Poe and Abdurauf Fitrat illuminates the profound interplay between psychology and literature, revealing how both authors grappled with the complexities of the human psyche. Poe's narratives often foreshadow modern psychological theories,

emphasizing the intricate relationship between behavior and mental states, as noted in the critical essays that underscore his role as a pioneer in psychological thought (Guercio et al., 2019). Similarly, Fitrat's engagement with psychological themes showcases a cultural dialogue that reflects the broader societal anxieties of his time, thus paralleling Poe's obsessive motifs with the existential dilemmas faced in the Eastern literary canon (Guercio GD, 2019). Therefore, their works serve as a testament to how artistic expression can deeply enrich our understanding of psychological concepts, fostering a legacy that continues to resonate in contemporary discussions across disciplines (Kendrick et al., 1930) (N/A). In examining the artistic psychologism present in the works of Edgar Allan Poe and Abdurauf Fitrat, a pivotal aspect emerges regarding their exploration of the human psyche and its complexities. Both authors delve into the intricacies of mental states, reflecting a profound understanding of psychological themes that predate contemporary psychological discourse. Poe, often heralded as a pioneer in this field, navigates themes such as obsession and identity through narratives that scrutinize the relationship between behavior and the psyche (Guercio et al., 2019). His ability to anticipate key psychological theories, such as those related to the unconscious, aligns remarkably with Fitrat's depiction of the emotional and cognitive landscapes of his characters. The synthesis of their insights reveals a rich tapestry of emotional depth, as both authors confront the material and imaginative faculties, illustrating the relevance of their work to ongoing discussions in psychological scholarship (Guercio GD, 2019) (N/A).

References:

1. Guercio, Gerardo del 19XX- (2019). Psychology in Edgar Allan Poe. <https://doi.org/10.30819/4940>
2. Gerardo Del Guercio (2019). Psychology in Edgar Allan Poe. https://library.oapen.org/bitstream/handle/20.500.12657/46235/external_content.pdf?page=15
3. Kendrick, Muriel Sherburne (1930). (The) mentality of Poe viewed through his life and works ... <https://open.bu.edu/bitstream/2144/9980/1/thementalityofpo00kend.pdf>
4. Juan Michael Yusticio, Vernando Luy, Ananda Okie Sechio Milano Indrajaya, Jovan (2024). Analysis of Figurative Language in The Tell Tale Heart and Other Stories by Edgar Allan Poe. <https://www.semanticscholar.org/paper/6682355094bb66ed4ded06323721dfb1931d52ea>
5. Rincy Mathew (2021). Depiction of Psychological through Supernatural: A Reading of Edgar Allan Poe's Selected Short Stories. <https://doi.org/10.22161/ijels.62.60>
6. NC DOCKS at The University of North Carolina at Greensboro, Wilkinson, Wayne B. (1964). Personal symbolism in the study of selected tales of Edgar A. Poe. <https://core.ac.uk/download/345090516.pdf>
7. Farina, T., Stramaglia, M. (2024). James Dean, Paul Simon, and Madonna. Rebels with Social Causes. <https://core.ac.uk/download/638778883.pdf>
8. Chemini El Hachemi (2020). Treating Melancholy Through Symbols in Edgar Allan Poe's Poem The Raven. http://archives.univ-biskra.dz/bitstream/123456789/15988/1/Chemini_El_Hachemi.pdf
9. Chemini El Hachemi (2020). Treating Melancholy Through Symbols in Edgar Allan Poe's Poem The Raven. <https://bucket.theses-algerie.com/files/repositories-dz/3305924370975322.pdf>